

4Cs by DIAS

Customized Cadaveric Certificate Courses
Focused Training on Injectables

For Dermatologists and Plastic Surgeons only

24th, 25th & 26th JUNE, 2023



RAMAIAH ADVANCED LEARNING CENTRE
BENGALURU



The Aesthetics and Skin Institute (ASI) is a global training organisation based in Australia. Through the DIAS collaboration we're together offering certified online courses as well as offline exchange programs to help you become confident practitioners in cosmetic injectables, threads, lasers, skin therapy, anatomy and much more. Formerly known as the Cosmetic Institute of Australia, ASI was relaunched in 2020 and now carries the Anatomy for Injectors resource under its belt of world-class aesthetics training courses.

Dr. Ben Chan is an experienced aesthetics doctor who has worked within the cosmetic and skin field since 1984. He is a visionary & leader within the industry who has pushed the boundaries of aesthetics medicine in Australia & beyond. He runs 5 cosmetic skin clinics, 3 superclinics and specialises in cosmetic injectables, lasers, threads and much more.



Why The Aesthetics And Skin Institute?

- **Trusted Accreditation** – All courses are CPD certified, injectable courses are ACRRM accredited.
- **Led By Doctors** – Anatomy-based training designed and provided by industry leading doctors.
- **Global Training** – Holistic coverage of aesthetics and skin disciplines popular around the world.
- **Comprehensive Pathways** – Distinct professional pathways from beginner to advanced.



Dr. Lucas De Siqueira is the owner and founder of LDS Skin cancer and Cosmetic medicine and Melbourne skin doctors. He has been in the skin industry for the past 10 years. Dr. Lucas is the head trainer for Injectables and Threads and also for the Cadaver workshop with the Aesthetics and Skin institute of Australia.

ORGANISING CHAIRPERSONS CUM MENTORS



Dr. Rajetha Damisetty
MBBS (JIPMER), MD-Dermatology
Hyderabad



Dr. Kalpana Sarangi
MBBS, MD (Skin & VD)
Mumbai

MENTORS



Dr. Ben Chan
MBBS, Fellow of Australasian College of
Aesthetic Medicine Cosmetic Physicians
of Australasia - Cosmetic Dermatology



Dr. Lucas De Siqueira
Universidade Federal de Minas Gerais -
Medicine (Specialises in Threadlift
Procedures and Cosmetic Medicine)



Dr. Anil Ganjoo
MBBS, MD-Dermatology
Laser and Dermatosurgery Specialist
Delhi



Dr. Malavika Kohli
MBBS, MD-DVD, DNB
Mumbai



Dr. Anurag Tiwari
MBBS, MD,
DVD, DNB, Dermatology
Bhopal



Dr. Amit Luthra
MBBS, DNB (Dermatology)
Delhi



Dr. Madhuri Agarwal
MBBS, MD (Skin & VD)
DDV(Mum)
Mumbai



Dr. Neeraj Pandey
MBBS, MD-Dermatology
FADS-Singapore
Lucknow



Dr. Sachin Dhawan
MBBS, DDV, MD-Dermatology
Gurgaon

Make yourself an aesthetic expert through Focussed Systematic Training by experts in the field!

GUEST FACULTY



Dr. Rajat Kandhari ,
MBBS, MD - Dermatology

4Cs' MANAGEMENT



Dr. Tulika Pandey
Administrative Director



Ms. Nitika Basu Ahuja
Executive Director



Dr. Sukesh MS,
MBBS, MD, DNB (Dermatology)
Coordinator, 4Cs Bangalore



Dr. Vipul Gupta
MBBS, MD-Dermatology, Lucknow
4Cs Event coordinator



Dr. Aneesh
MBBS, MD (DVL)
Coordinator, 4Cs Bangalore

Courses	Price	GST	Total
Supreme Master Injector(SMI) <ul style="list-style-type: none"> • Anatomy and vascular occlusion • Facial assessment, <u>Lower face and neck Botulinum toxin Hands on Training</u> • Fillers demo • <u>Lower face fillers hands on training/mid face fillers hands on training</u> • Cadaveric dissection hands on 	1,10,000	19,800	1,29,800
Advance Master Injector <ul style="list-style-type: none"> • Anatomy and vascular occlusion • Facial assessment, <u>Lower face and neck Botulinum toxin Hands on Training</u> • Fillers demo • <u>Lower face fillers hands on training/Lasers and EBD</u> • Cadaveric dissection hands on 	95,000	17,100	1,12,100
Master Injector <ul style="list-style-type: none"> • Anatomy and vascular occlusion • Facial assessment, <u>Upper face and neck Botulinum toxin Hands on Training</u> • Fillers demo • <u>Mid face fillers hands on training/Lasers and EBD</u> • Cadaveric dissection hands on 	95,000	17,100	1,12,100
Specialist Injector <ul style="list-style-type: none"> • Anatomy and vascular occlusion • Facial assessment, <u>Upper face and neck Botulinum toxin observation</u> • Fillers demo • <u>Mid face fillers hands on training/Lasers and EBD</u> • Cadaveric dissection observation 	65,000	11,700	76,700
Observership <ul style="list-style-type: none"> • Anatomy and vascular occlusion • Facial assessment, <u>Upper face and neck Botulinum toxin observation</u> • Fillers demo • <u>Mid face fillers observation/Lasers and EBD observation</u> • Cadaveric dissection observation 	20,000	3,600	23,600

THE DIAS ADVANTAGE

- ✓ Train with international faculty
- ✓ Learn the Anatomy of Injectables on Cadaver with the Pedagogical Visionaries
- ✓ Rigorous hands on training with a minimum of 2ml fillers
- ✓ International exposure
- ✓ Learn the nuances of setting up your own clinic
- ✓ Practice management guidance
- ✓ 30 SI units toxin per trainee
- ✓ 3 day focused training on injectables
- ✓ Certified by ASI Australia
- ✓ Customised hand holding by masters



SCIENTIFIC AGENDA

Day 1 Agenda | 24th June 2023 | Saturday

Time	Topic	Speaker
9:00am - 10:15am	Injection anatomy of the face	Dr Ben Chan and Dr Lucas
10:15am - 11:00am	Vascular occlusion: prevention and management	Dr Lucas Dr Ben Chan
11:00am - 11:15am	Coffee break	
11:15am -12:15pm	Facial assessment	Dr Lucas Dr Ben Chan
12:15pm - 1:15pm	Live facial assessment	Dr Ben Chan, all mentors
1:15pm - 2:00pm	Lunch	
2:00pm - 3:00pm	Choosing devices for your practice: Laser hair reduction devices, pigment lasers, fractional lasers and energy based devices	Dr Anil Ganjoo, Dr Anurag Tiwari, Dr Neeraj Pandey
3:00pm - 4:00pm	Upper face, lower face and neck botulinum toxin: what you need to know before you inject!	Dr Rajetha Damisetty
4:00pm - 4:15pm	Coffee break	
4:15pm - 6.30pm Parallel session	Hands on training in upper face botulinum toxin for master injectors	Dr Kalpana Sarangi, Dr Madhuri Agarwal, Dr Malavika Kohli, Dr Sachin Dhawan
4:15pm - 6:30pm Parallel session	Hands on training in upper face botulinum toxin for advanced and supreme master injectors	Dr Amit Luthra, Dr Rajetha Damisetty

Day 2 Agenda | 25th June 2023 | Sunday

Time	Topic	Speaker
8:00am - 10:30am	Fillers live demos	
8:00am - 8:10am	Volunteer's facial analysis	Dr Ben and Dr Lucas
8:10am - 8:30am	Cheeks and nasolabial folds	Dr Kalpana Sarangi
8:30am - 8:45am	Tear trough	Dr Sachin Dhawan
8:45am - 9:10am	Chin and jawline	Dr Malavika Kohli

SCIENTIFIC AGENDA

9:10am - 9:25am	Lips	Dr Madhuri Agarwal
9:25am - 9:45am	Temple and forehead	Dr Amit Luthra
9:50am - 10:05am	Nose	Dr Amit Luthra
10:05am - 10:20am	Skin boosters	Dr Rajat Kandhari
10:20am - 10:30am	Buffer	
10:30am - 10:45am	Coffee break	
10:45am - 1:45pm Parallel session	Hands on training on mid face fillers for half the master injectors, specialist injectors and supreme master injectors	Hands on training for fillers: Dr Kalpana Sarangi, Dr Madhuri Agarwal, Dr Malavika Kohli, Dr Sachin Dhawan
10:45am - 1:45pm Parallel session	Hands on training on lower face fillers for half the advanced master injectors and supreme master injectors	Dr Amit Luthra
10:45am - 1:45pm Parallel session	Lasers and EBD session for half the MI, SI and AMI	Dr Anil Ganjoo, Dr Anurag Tiwari Dr Neeraj Pandey
1:45pm - 2:30pm	Lunch	
2:30pm - 5:30pm Parallel session	Hands on training on mid face fillers for other half of master injectors, specialist injectors and supreme master injectors	Hands on training for fillers: Dr Kalpana Sarangi, Dr Madhuri Agarwal, Dr Malavika Kohli, Dr Rajetha Damisetty Dr Sachin Dhawan
2:30pm - 5:30pm Parallel session	Hands on training on lower face fillers for half the advanced master injectors and supreme master injectors	Dr Amit Luthra
2:30pm - 5:30pm Parallel session	Lasers and EBD session for half the MI, SI and AMI	Dr Anil Ganjoo, Dr Anurag Tiwari Dr Neeraj Pandey
5:30pm - 5:45pm	Break	
5:45pm - 7:00pm	Convocation	

SCIENTIFIC AGENDA

Day 3 Agenda | 26th June 2023 | Monday

9:00am - 1:00pm	Cadaveric dissection of mid and upper face	Dr Ben Chan, Dr Lucas and all table leads Dr Amit Luthra, Dr Kalpana Sarangi, Dr Madhuri Agarwal, Dr Malavika Kohli, Dr Rajat Kandhari Dr Sachin Dhawan
1:00pm - 2:00pm	Lunch	
2:00pm - 5:00pm	Cadaveric dissection of lower face and neck	Dr Ben Chan, Dr Lucas and all table leads Dr Amit Luthra, Dr Madhuri Agarwal, Dr Malavika Kohli, Dr Rajat Kandhari Dr Rajetha Damisetty Dr Sachin Dhawan

STUDENT TESTIMONIALS

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“The course was really useful for the beginners, and I have to speak about the live demos that were shown to us for threads and fillers. They taught us how to assist and what are the injectable points. It was a good academic session”

4 Cs Alumni

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“In the program we got introduced to a lot of new lasers and energy based devices. This was the first time we’ve attended a course purely based on fillers and Botox. It was great to see the live demos and their instant results. We also came across some of the best practitioners in the country.”

4 Cs Alumni

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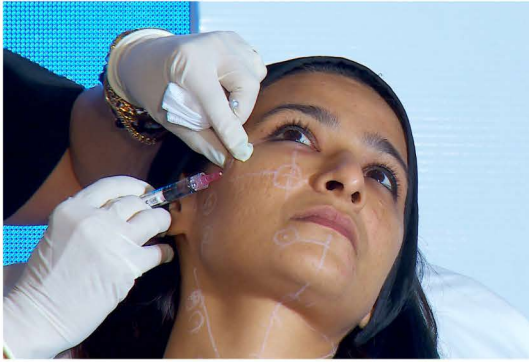
“It was really nice experience to have this hands-on experience. We got some good learnings from the doctor that we had and I would like to thank them for coming out with such a course.”

4 Cs Alumni

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“The last few days have been so resourceful because the mentors are great and are really helpful, they have been very nice and were also very receptive to our questions. I am looking forward to more courses from them.”

4 Cs Alumni



STUDENT TESTIMONIALS

I have completed my fellowship in aesthetic medicine from DIAS platform at Lucknow under Dr. Neeraj Pandey sir himself. It has helped me evolve as a better person, as a better dermatologist & a confident aesthetic physician. It was more of a holistic approach - see the daily routine, managing their complications, dealing with priorities, managing pharmacy. Apart from this - the observation & hands on portion was definitely there which was very crisp & we had it in the clinic. You can definitely ask academic & non-academic stuff. He has actually helped me imbibe virtues & values of life. For all of the freshers, I must recommend, if you are planning to upgrade your skills to another level - this is the platform. Go for it. Bingo!

Dr. Shadab Doi
DIAS, Lucknow

Thank you DIAS & Dr. Sachin Dhawan Sir (Skin n Smiles Clinic) for the training course that you provided me with, which was full of amazing cases & procedures. Even in this situation, they managed the course for me as per my need & Dr. Sachin showed me almost all the procedures (lasers, injectables, etc.) and answered all my queries. And the hands on helped me a lot too to build my confidence. Lastly, thank you Nikita Ma'am & entire team of DIAS & Skin n Smiles Clinic.

Dr. Saujan Subedi
DIAS, Gurgaon

They say "Sometimes smallest step in right direction is the biggest step of your Life" Joining Dias fellowship under Dr Neeraj Pandey Sir at Dermaklinik Lucknow made me believe that I can achieve best version of myself. Dr Neeraj Pandey sir and Dr Tulika Bhargava Pandey ma'am are one of the best mentors, and I feel honored to have them by my side. Dias trained me finest in aesthetics as well as core dermatology along with basic art of patient handling and professionalism. Personality grooming program by Nikita mam and her pearls of wisdom supported me throughout. Dias gave me confidence to stand apart and perform my utmost. I am truly Thankful to Dr Neeraj sir, Dr Tulika Maam, Dias and whole team for this wonderful experience.

Dr. Harmeet
DIAS, Lucknow

I was basically trained by Dr Rajetha Damisetty Ma'am at the Hyderabad city centre. All of maam's sessions were very active, dynamic, lively along with specific inputs, and very well organised, hands on training on various injectables like botox, fillers and other aesthetic procedures including the lasers. ASI, the Australian Skin Institute which is headed by Dr. Ben Chang & his teammates; not only offers a fellowship program but they also offer the soft skill development which is headed and directed by Nitika. The best part of ASI is their one to one interaction and specific attention which is being given to the doctors.

Dr. Dr. Preethi M.
DIAS, Hyderabad

Words are not enough to express my gratitude towards my mentors, Dr. Anil Ganjoo Sir and Dr. Amit Luthra Sir, who have been kind enough to take me under their wings and train me in the art of aesthetic medicine. The doyens in the respective fields, they have held my hand throughout the four-month journey and taught me everything, from basics to advanced, from theory to practical in a way that can only be experienced, not described in words. I am forever indebted to them for their teachings, not only in Dermatology, but also life.

Dr. Prateek Nagrani, MD
Fellow (Lasers & Aesthetics)
DIAS, Delhi

STUDENT TESTIMONIALS

Dr. Aishwarya - DIAS, Lucknow

I opted for a six months course and I chose to work under Dr. Neeraj Pandey sir. He would make us sit in his OPD throughout the day and we would see how to deal with the elite clients. Coming to the ASI, they provide you an online module in which they have put in videos for every procedure. Once in a week they have a very interactive session with Dr. Ben and Dr. Ketu, where we discuss different topics. So overall it's a great platform to polish your skills and getting an international certificate is like an icing on the cake.

Dr. Jayanti Singh - DIAS, Mumbai

Undergoing fellowship under ma'am has been an wholesome experience. Everyday with her is a workshop. I was exposed to not just procedures and SOPs but best practices and ethics. Ma'am has been always there, answering all my queries during observation and hands-on. Weekly classes with ASI provided exposure to practices followed internationally. Lastly the soft skills sessions gave insight into the much needed interpersonal and practice management skills.

Dr. Sai Supraja - DIAS, Hyderabad

I've had the privilege to work and learn under the mentorship of Dr. Rajetha ma'am and I wanna thank DIAS for providing me with the opportunity. Ma'am had planned my hands on training and made sure I learnt all the procedures, especially injectables. Ma'am is an amazing teacher and was extremely patient during my training. I've learnt a great deal from ma'am. And she is my biggest inspiration. I'm glad I took up the course as it provided me with all the resources to improve my skills. The ASI classes and modules are extremely helpful. I would like to thank the ASI and DIAS team for planning and coordinating all the sessions.



COURSES AT A GLANCE

All courses available at different centres as shown in the map.

DIAS COURSES

COURSE ID	COURSES	DURATION	FEE
1	Fellowship in Aesthetic Medicine	2 Months	5,00,000
2	Observership in Aesthetic Medicine	1 Month	1,25,000
3	Fellowship in Aesthetics and Lasers	3 Months	5,90,000
4	Cadaver Workshop	TBA*'	TBA*'
5	Injectables Workshop	TBA*'	TBA*'
6	Workshop on Threads and Fillers	TBA*'	TBA*'

DIAS/ASI COURSES

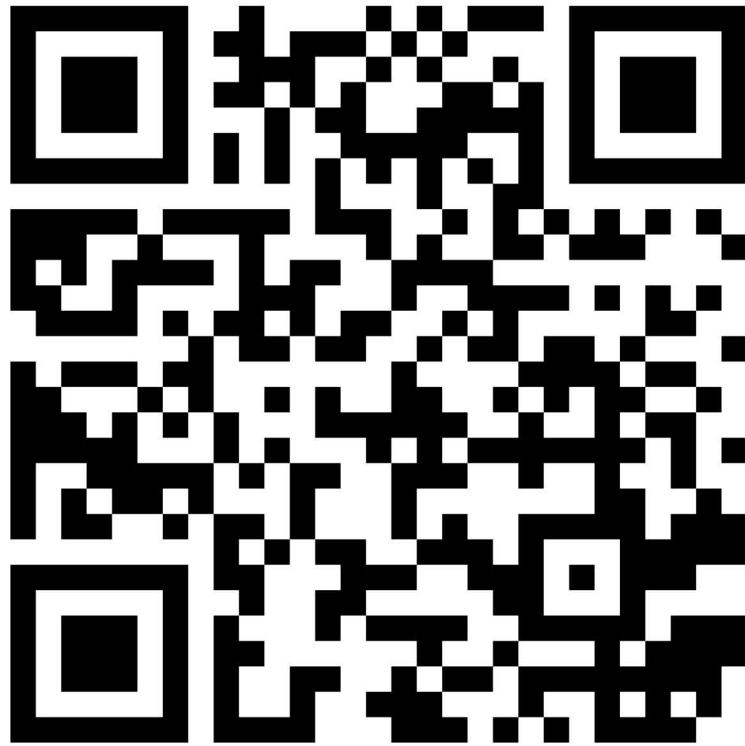
COURSE ID	COURSES	DURATION	FEE
1	Botox Pathway**	1 Month/10 Days	2,95,000
2	Dermal Filler Pathway**	45 Days/15 Days	3,95,000
3	Fellowship in Injectables	1 Month	4,25,000
4	Fellowship in Aesthetics and Lasers	3 Months	5,75,000
5	Fellowship in Aesthetic Medicine	2 Months	5,00,000
6	Threads Pathway**	10 Days	1,20,000
7	Cadaver Workshop	3 Days	TBA*'

**Online/Hands On

*Prices Exclusive of GST @ 18%

*'To Be Announced

SCAN THE QR CODE
TO REGISTER



OR

CLICK THE LINK BELOW TO REGISTER
<https://www.thedias.org/registrations.php>

FOR FURTHER INFORMATION,
PLEASE CONTACT: +91 97955 80000

Account Name: DIAS
Bank Name: HDFC Bank
Branch Name: VISHAL KHAND
Account Number: 50200049456871
IFSC Code: HDFC0001112
Google Pay: 9695001111

TERMS & CONDITIONS

- 1 ML extra Filler syringe can be purchased on request. No external vendors are allowed.
- No photography is allowed during the sessions or in the Cadaver Lab. Photos can be taken outside the lab.
- Cell phones are NOT ALLOWED in the Cadaver Lab.
- Attendees are to assemble 15 mins early each morning.
- Attendees are to report back 5 minutes before the scheduled time after breaks.
- All attendees are requested to come professionally dressed on all days.
- A copy of your Registration Form & Receipt must be on your person at all times.
- All applicants must collect their Lanyards at the Registration Desk to gain access to respective workshop events.
- All Covid -19 protocols of the local government as well as the centre have to be adhered to for entry into the halls or the lab-at the time of the course.
- Kindly take due care of all venue equipment. Any breakage shall be charged from the attendee.
- Only a certain number of seats are available per workshop. As soon as a workshop or course is sold out, the registration will automatically close and it will no longer be possible to book a place via the website.
- If a workshop is full, you can email us to register for the reserve list. Put in the subject of your E-mail 'Reserve List [workshop or course]'. Please state your full name and telephone number. If a place becomes vacant, we will contact you as soon as possible.
- You must keep your personal belongings with you at all times and we accept no liability for any damage to, loss of or theft of any of your belongings or other items brought to the Workshop by you.
- Unless otherwise stated, the copyright for any such promotional materials and any materials used at the workshop (including course notes, slides, brochures, articles and case studies) are the property of the Academy and may not be reproduced in any medium without the Academy's prior written consent.
- The Academy reserves the right to change the published programme in case of unavoidable circumstances.
- In case you are late at the workshop due to travel delays, kindly inform us well in time so we may keep your slot reserved. Lunch and light refreshments shall be provided on all days of the workshop.
- If you have any disability or medical condition that requires us to make special arrangements for you, please email us as soon as possible at least 2 weeks prior to the date of the Workshop.
- Seats are available on First Come, First Serve basis only.

TERMS & CONDITIONS

STUDENT OBLIGATIONS:

- If in our opinion your behavior is likely to cause any disturbance at the Workshop, you will be requested to exit the Workshop. We will not be liable to refund your Course Fee or any other payment.
- You must comply at all times with the health and safety policy of the venue. You may not bring any equipment or items of a hazardous or dangerous nature to the Workshop.
- You shall not cause any damage to any part of the venue (including outside areas, and all inside walls, flooring, fixtures and fittings).
- You are responsible for collecting your certificates from the counters at the end of the workshop. In case of couriers, the cost shall be borne by the students.

CANCELLATION POLICY:

Cancellation upto 30th May 2023	50% Refundable
Cancellation on or after 5th June 2023	20% Refundable
Cancellation on or after 10th June 2023	No Refund
Non - Attendance/Inability to reach the Workshop Venue	No Refund

All repayments/refunds will be done 15 Days after the workshop concludes.

NITIKA BASU AHUJA
Executive Director
DIAS Academy for Dermatologists

STUDENT SIGNATURES
DATE :

Creation Square, 29/29 KA, 3A, Rana Pratap Marg, Opp. National PG. College, Hazratganj,
Lucknow, Uttar Pradesh 226001

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In Association with Aesthetic & Skin Institute, Australia