



# 4Cs by DiAS

CUSTOMISED CADAVERIC CERTIFICATE COURSE

For Dermatologists & Plastic Surgeons only











12th - 13th - 14th April, 2024

Ramaiah Advanced Learning Centre, Bengaluru

# About DiAS



DIAS came into being to meet the ever-increasing demand for skilled professionals in the field of Dermatology/Aesthetics and Plastic Surgery.

We observed the absence of any customised training program for lasers and aesthetic procedures for post graduate Dermatologists and Plastic Surgeons. There, thus came the need to provide affordable training at International standards.

Our highly esteemed faculty comprises of world renowned stalwarts of Dermatology and Plastic Surgery.

# **Our Mission**

Our mission is to enable post-graduates in Dermatology & plastic surgery to navigate the nuances of an aesthetic clinic.

We strive to hone the skills of our students with top notch training services and ultra modern, evidence based clinical practices, in a safe and state of the art environment.







# WHY the Aesthetics and Skin Institute?



**Trusted Accreditation -** All courses are CPD Certified. Injectables courses are ACRRM Accredited.



Led by Doctors - Anatomy based training designed and provided by industry leading doctors





**Comprehensive Pathways** – Distinct professional pathways from beginner to advanced.





**Dr. Ben Chan** is an experienced aesthetics doctor who has worked within the cosmetics and skin field since 1984.

He is a visionary & leader within the industry who has pushed the boundaries of aesthetics medicine in Australia & beyond.

He runs 5 cosmetic skin clinics, 3 superclinics and specialises in cosmetic injectables, lasers, threads, and much more.

**Dr. Lucas De Siqueira** is a cosmetic practitioner qualified from the Federal University of Minas Gerais - Brazil.

Having moved to Melbourne in 2012, Dr. Lucas is the owner and founder of 'Essence Healthcare' and 'LDS Skin Cancer and Cosmetic medicine'.

He is now an internationally recognized practitioner and trainer for cosmetic practitioners for dermal fillers, botulinum toxin and PDO threads face lifts.

## **4Cs ORGANISING CHAIRPERSONS**



Dr. Anil Ganjoo MBBS, MD-Dermatology Laser & Dermatosurgery Specialist - Delhi



Dr. Malavika Kohli MBBS, MD-DVD, DNB Mumbai

## **4Cs MENTORS**



Dr. Ben Chan MBBS, Fellow of Australasian College of Aesthetic Medicine Cosmetic Physicians of Australasia -Cosmetic Dermatology



**Dr. Lucas De Sequeira** Universidade Federal de Minas Gerais - Medicine (spl. in Threadlift procedures and cosmetic Med.)



**Dr. Amit Luthra** MBBS, DNB - Dermatology Delhi



Dr. Kalpana Sarangi MBBS, MD (Skin & VD) Mumbai



Dr. Madhuri Agarwal MBBS, MD (Skin & VD) DDV (Mum) Mumbai



**Dr. Neeraj Pandey** MBBS, MD - Dermatology FADS-Singapore Lucknow



**Dr. Sachin Dhawan** MBBS, MD - Dermatology, DDV Gurgaon



**Dr. Anurag Tiwari** MBBS, MD, DVD, DNB - Dermatology Bhopal



Dr. Rajat Kandhari MBBS, MD - Dermatology





**Dr. Tulika Pandey** Administrative Director MBBS, DCh, Lucknow



Ms. Nitika Basu Ahuja **Executive Director Behavioural Coach** 



**Dr. Sukesh MS** MBBS, MD, DNB - Dermatology Cheif Coordinator, 4Cs Bangalore Coordinator, 4Cs Bangalore



**Dr. Vipul Gupta** MBBS, MD - Dermatology Lucknow



**Dr. Aneesh** MBBS, MD (DVL) Coordinator, 4Cs Bangalore

## **Courses at a Glance**

COURSE NAME	PRICE	GST	TOTAL
MASTER INJECTOR • Anatomy Masterclass • Pan facial assessment • Complication management Hands on training - • Cadaver dissection • Botulinum toxin • Fillers • Filler demos • EBDs and Lasers	1,10,000/-	19,800/-	1,29,800
<ul> <li>SPECIALIST INJECTOR</li> <li>Anatomy Masterclass</li> <li>Pan facial assessment</li> <li>Complication management</li> <li>Hands on training - <ul> <li>Fillers</li> </ul> </li> <li>Observation - <ul> <li>Cadaver dissection</li> <li>Botulinum toxin</li> </ul> </li> <li>Filler demos <ul> <li>EBDs and Lasers</li> </ul> </li> </ul>	65,000/-	11.700/-	76,700/-
OBSERVERSHIP • Anatomy Masterclass • Pan facial assessment • Complication management Observation - • Cadaver dissection • Botulinum toxin • Fillers • Filler demos • EBDs and Lasers	20,000/-	3,600/-	23,600/-
Day Passes (access to trade fair included)	10,000 (	1000/	11 000 /
Day pass: Cadaver Observation	10,000/-	1,800/-	11,800/-
Day pass: Anatomy and Live Demos observation	5,500/-	990/-	6,490/-

EARLY BIRD DISCOUNT: Save 10% when you register before 15th Feb '24

#### **CLICK HERE TO:**

**REGISTER NOW** 

# **4Cs Day Wise Schedule**



### ALL DAY CADAVERIC WORKSHOP

Master injector (hands-on), Specialist injector (Observation), Injectables & Aesthetics observation certificate (Observation)

DAY

02

9:00

to

16:00

## All day Theory Class

- Anatomy for Facial Injectors - Vascular Occlusion & Pan
- **Facial Assessment**
- Laser Demonstrations
- Access to Trade Fair

### **Master Injector**

- (Hands-on) Botulinum Toxins

### **Specialist Injector** - (Observation) Botulinum

Toxins

### **Injectables and Aesthetics** - (Observation)

**Dinner with Mentors** (Only Master Injector enrollments)

03 9:00 to 17:00

DAY

## TIME: 9:00 TO 16:00

### Access to Trade Fair

- Live Demos: Threads, Skin, Boosters, Fillers, Botulinum Toxins, EBD's (Energy Based Devices)

### TIME: 9:00 TO 11:00

- Academic Sessions
- Laser Tech/Purchases/ **Practice Management**
- Grill the experts session

TIME: 11:00 - 11:30 - Tea/Coffee Break

TIME: 11:30 TO 13:30 **Master Injector** 

- Hands-On Session - Fillers

**Specialist injector** - Hands-On Session - Fillers

## Aesthetics

- Observation

TIME: 13:30 TO 14:15 Lunch Break

TIME: 14:15 TO 16:15 Hands-on session continues

TIME: 16:15 TO 17:00 Convocation



# The DiAS Advantage











Train with international faculty



Learn the Anatomy of Injectables on Cadaver with the Pedagogical visionaries



Rigorous training with a minimum of 2ml fillers



International Exposure



Learn the nuances of setting up your own clinic.



Practice management guidance.



30 SI units toxin/trainee



3 day focussed training on injectables



Certified by ASI Australia



Customised hand holding by masters.

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# **4Cs ALUMNI TESTIMONIALS**

"I attended their workshop last year and this is my second year. I would really, really recommend this to everyone who's a starting dermatologist, who wants to do injectables. It's out of the world and it's really, really good. And the mentors, they are actually hand-holders through every procedure and they'll really explain well how to go about it. It was a really good experience."

- Dr. Sharon Dominic, Kerala

I am here again because I think I can learn a little bit more about what I am doing and what mistakes I have been making. Yes, it is fruitful because in the lower phase, I had some doubts, and now I am able to correct them. It's also a very good chance to meet the mentors, gain more inputs from their experiences, learn from their mistakes, understand what they have done, and how they have corrected those things. All these aspects contribute to significant improvements in our practice. That's why I'm here.

- Dr. Karthik Raja, Chennai

I got to perform botox for both the upper and lower face, and then fillers for the upper and lower face, all mentored by different kinds of mentors. Each and everybody is just so patient and wonderful. They come, stand next to you, point out exactly where you need to inject, explain the points of injection, how it has to be injected, and how many milliliters you need to use. Right from the basics, they stand with you and guide you throughout. It was such a great experience.

#### - Dr. Preeti, Hyderabad

I have been to other workshops for cosmetology and aesthetics, however this one is really different from whatever I have learned so far. This kind of teaching is rarely seen in our country, where each mentor guides you, holding your hand, and exactly shows where we can go wrong and when not to. So, I would really say to everybody who has a little bit of interest in cosmetology or wants to learn more about aesthetics, please come and at least see how things are done.

- Dr. Oindrila Dutta, Kolkata

# **DIAS FELLOWSHIP** PROGRAMS



















# **DIAS FELLOWSHIP COURSES**

COURSE	DURATION	TRAINING FEE	CONSUMABLES FEE	TOTAL FEE*	DELIVERABLES**
OBSERVERSHIP IN AESTHETIC MEDICINE	21 days	Rs. 75,000/-		Rs. 75,000/-	None
BOTOX - BASICS TO ADVANCED	5 days	Rs. 55,000/-	Rs. 40,000/-	Rs. 95,000/-	200 Units botulinum toxin
INJECTABLES - UPSKILL	15 days	Rs. 1,35,000/-	Rs. 60,000/-	Rs. 1,95,000/-	100 units botulinum toxin 2 ML Dermal Filler
FILLER BASICS	15 days	Rs. 1,35,000/-	Rs. 72,000/-	Rs. 2,07,000/-	4 ML Dermal Filler
FILLER ADVANCED	15 days	Rs. 1,35,000/-	Rs. 72,000/-	Rs. 2,07,000/-	4 ML Dermal Filler
FELLOWSHIP IN INJECTABLES	30 days	Rs. 2,50,000/-	Rs. 1,12,000/-	Rs. 3,62,000/-	200 Units Botulinum Toxin 4 ML Dermal Filler
FELLOWSHIP IN AESTHETICS & LASERS	60 days	Rs. 3,00,000/-	Rs. 1,32,000/-	Rs. 4,32,000/-	200 units Botulinum Toxin 4 ML Dermal Filler 2 ML Skin Boosters
FELLOWSHIP IN AESTHETIC MEDICINE	45 days	Rs. 2,75,000/-	Rs. 1,32,000/-	Rs. 4,07,000/-	200 units Botulinum Toxin 4 ML Dermal Filler 2 ML Skin Boosters

# **DiAS - ASI Courses (Hands-on)**

COURSE	DURATION	TRAINING & CONSUMABLES FEE	ASI FEE	TOTAL FEE*	DELIVERABLES**
BOTULINUM TOXIN PATHWAY	7 days/ 1 month	Rs. 30,000/- Rs. 40,000/-	Rs. 55,000/-	Rs. 1,25,000/-	200 units Botulinum toxin
DERMAL FILLER PATHWAY	21 days/ 45 days	Rs. 1,65,000/- Rs. 72,000/-	Rs. 1,10,000/-	Rs. 3,47,000/-	4 ml Dermal Filler
THREADS PATHWAY	10 days/ 15 days	Rs. 30,000/- Rs. 45,000/-	Rs. 45,000/-	Rs. 1,20,000/-	Mono/Long Threads
FELLOWSHIP IN INJECTABLES	30 days	Rs. 2,00,000 Rs. 1,12,000/-	Rs. 1,00,000/-	Rs. 4,12,000/-	200 Units Botulinum Toxin 4 ML Dermal Filler
FELLOWSHIP IN AESTHETICS & LASERS	60 days	Rs. 3,00,000/- Rs. 1,32,000/-	Rs. 1,20,000/-	Rs. 5,52,000/-	200 units Botulinum Toxin 4 ML Dermal Filler 2 ML Skin Boosters

# **DIAS FELLOWSHIP TESTIMONIALS**

They say "sometimes the smallest step in the right direction is the biggest step of your life." Joining DiAS fellowship under Dr. Neeraj Pandey Sir at Dermaklinik Lucknow made me believe that I can achieve the best version of myself. Dr. Neeraj Pandey and Dr. Tulika Bhargava Pandey are the best mentors. Dias trained me finest in aesthetics as well as core dermatology along with basic art of patient handling. Personality grooming program by Nitika Mam and her pearls of wisdom supported me throghout. Dias gave me confidence to stand apart and I am truly thankful.

- Dr. Harmeet (DiAS Lucknow)

Thank you DIAS and Dr Sachin Dhawan sir (Skin n Smiles Clinic) for the training course that you provided me with, which was full of amazing cases and procedures. Even in this situation, they managed the course for me as per my need & Dr. Sachin showed me almost all the procedures (lasers, injectables, etc.) and answered all my queries. And the hands on helped me a lot too to build my confidence. Lastly, thank you Nitika Ma'am & entire team of DIAS & Skin n Smiles Clinic.

- Dr. Saujan Subedi (DiAS Gurgaon)

Words are not enough to express my gratitude towards my mentors, Dr. Anil Ganjoo sir and Dr. Amit Luthra sir, who have been kind enough to take me under their wings and train me in the art of aesthetic medicine. The doyens in the respective fields, they have held my hand throughout the four-month journey and taught me everything, from basics to advanced, from theory to practical in a way that only be experienced, not described in words. I am forever indebted to them for their teachings.

- Dr. Prateek Nagrani, MD (Fellow [Lasers & Aesthetics] DiAS Delhi)

Undergoing fellowship under ma'am has been a wholesome experience. Everyday with her is a workshop. I was exposed to not just procedures and SOPs but best practices and ethics. Ma'am has been always there, answering all my queries during observation and hands-on. Weekly classes with ASI provided exposure to practices followed internationally. Lastly the soft skills sessions gave insight into the much needed interpersonal and practice management skills.

#### Dr. Jayanti Singh (DiAS Mumbai)

# All courses are available at different centres as shown in the map below:

#### Delhi :

1.Skinnovation Clinics - B11, Gujranwala Town, Ring road, (Near Model Town metro station) Delhi-110009 (Dr. Anil Ganjoo)

2. Ishira Skin Clinic South Delhi Clinic: S-341, Panchsheel Park Delhi-110017 (India) - (Dr. Amit Luthra)

3. Ishira Skin Clinic North Delhi Clinic : 24-A, Pocket-A, Ashok Vihar-111 Delhi-110052 (India) - (Dr. Amit Luthra)

4. RG Aesthetics 56, Block BN, Poorbi Shalimar Bag, Shalimar Bagh, Delhi, 110088. - (Dr. Rajat Gupta)

Gurgaon : Skinn'Smiles A 238/ 239/ 240 Supermart I, DLF Phase IV, Gurgaon Haryana 122002. (Dr. Sachin Dhawan)



Lucknow

Hazratganj Creation Square, 29/29 KA 3A, Rana Pratap Marg, Hazratganj, Lucknow - 226001 (Dr. Neeraj Pandey)

Bhopal : 2, 38, Habibganj Road, Opp, Narmada Trauma center E, E-2, Arera Colony, Bhopal, Madhya Pradesh 462016 (Dr. Anurag Tiwari)

#### Mumbai :----

1.Yavana Aesthetic Clinic (Mulund Clinic) 236-239, 2nd Floor Hallmark Complex, LBS Marg, Marathon Ave, Moti Nagar, Vasant Oscar, Mulund West, Mumba, Maharashtra 400080 (Dr. Madhuri Agarwal)

2. Yavana Aesthetic Clinic (Bandra Clinic)

356 , Ram Janaki, Ground Floor, Linking Road, Khar West, Mumbai, Maharashtra 400052 (Dr. Madhuri Agarwal)

3. Dr. Malavika Kohli (Skin Secrets – South Mumbal) 306/506/507 Doctor House, 14. Peddar Road, Mumbai - 400026, Kemps Comer

4. Dr. Malavika Kohli (Skin Secrets – North Mumbai) 294. Silver Stone Linking Road, Khar (West) Mumbai 400052

#### 5. DKS Clinique :

32 G, Laxmi Vijay Industrial Premises, Ground Floor, Opp. Svenska Hotel, SAB TV Lane, OffLinkRd, Andheri W, Mumbai, 400053 (DR. Kalpana Sarangi )



#### LUCKNOW

Derma Klinic -Dr. Neeraj Pandey

#### DELHI - NCR

DELHI : 1. Skinnovation - Dr. Anil Ganjoo 2. Ishira Clinic - Dr. Amit Luthra

GURGAON : 1. Skin n' Smile -Dr. Sachin Dhawan

#### BHOPAL

Center for Skin Disease and Laser Treatment -Dr. Anurag Tiwari

#### MUMBAI

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1. Skin Secrets -Dr. Malavika Kohli

2. DKS -Dr. Kalpana Sarangi

3. Yavana -Dr. Madhuri Agarwal

Registration	Form -	4Cs by	DiAS
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For Dermatologists and Plastic Surgeons only

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# **Terms & Conditions**

- 1 ML extra Filler syringe can be purchased on request. No external vendors are allowed.
- No photography is allowed during the sessions or in the Cadaver Lab. Photos can be taken outside the lab.
- Cell phones are NOT ALLOWED in the Cadaver Lab.
- Attendees are to assemble 15 mins early each morning.
- Attendees are to report back 5 minutes before the scheduled time after breaks.
- All attendees are requested to come professionally dressed on all days.
- A copy of your Registration Form & Receipt must be on your person at all times.
- All applicants must collect their Lanyards at the Registration Desk to gain access to respective workshop events.
- Kindly take due care of all venue equipment. Any breakage shall be charged from the attendee.
- Only a certain number of seats are available per workshop. As soon as a workshop or course is sold out, the registration will automatically close and it will no longer be possible to book a place via the website.
- If a workshop is full, you can email us to register for the reserve list. Put in the subject of your E-mail 'Reserve List [workshop or course]'. Please state your full name and telephone number. If a place becomes vacant, we will contact you as soon as possible.
- You must keep your personal belongings with you at all times and we accept no liability for any damage to, loss of or theft of any of your belongings or other items brought to the Workshop by you.
- Unless otherwise stated, the copyright for any such promotional materials and any materials used at the workshop (including course notes, slides, brochures, articles and case studies) are the property of the Academy and may not be reproduced in any medium without the Academy's prior written consent.
- The Academy reserves the right to change the published programme in case of unavoidable circumstances.
- In case you are late at the workshop due to travel delays, kindly inform us well in time so we may keep your slot reserved. Lunch and light refreshments shall be provided on all days of the workshop.
- If you have any disability or medical condition that requires us to make special arrangements for you, please email us as soon as possible at least 2 weeks prior to the date of the Workshop.
- · Seats are available on First Come, First Serve basis only.

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# **Terms & Conditions**

### **STUDENT OBLIGATIONS:**

- If in our opinion your behavior is likely to cause any disturbance at the Workshop, you will be requested to exit the Workshop. We will not be liable to refund your Course Fee or any other payment.
- You must comply at all times with the health and safety policy of the venue. You may not bring any equipment or items of a hazardous or dangerous nature to the Workshop.
- You shall not cause any damage to any part of the venue (including outside areas, and all inside walls, flooring, fixtures and fittings).
- You are responsible for collecting your certificates from the counters at the end of the workshop. In case of couriers, the cost shall be borne by the students.

### **CANCELLATION POLICY:**

Cancellation upto February 29th 2024	50% Refundable
Cancellation upto March 10 <sup>th</sup> 2024	20% Refundable
Cancellation on or after March 10 <sup>th</sup> 2024	No Refund
Non - Attendance/Inability to reach the Workshop Venue	No Refund

All repayments/refunds will be processed 15 days after the workshop concludes

NITIKA BASU AHUJA Executive Director DIAS Academy for Dermatologists STUDENT SIGNATURES DATE :

Creation Square, 29/29 KA, 3A, Rana Pratap Marg, Opp. National P.G College, Hazratganj, Lucknow, U.P - 226001

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In Association with Aesthetic & Skin Institute, Australia

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